#### 1 Check in

with something light-hearted or personal, e.g. something you don't know about me yet: [...]

# 2 Assign roles

and rotate these at each meeting, e.g. facilitator, record-keeper, time manager, motivator, well-being agent

#### **3 Communicate focus**

Clarify the goal and intention of the meeting or show where the meeting stands within the process

#### 4 Interim outcomes

Set agenda and outcomes, e.g. based on stages and the relevant method cards

#### 8 Check out

on a note of thanks, for example using the **Five Finger Feedback** method or

What I especially liked today: ...
What I would like to see next time: ...

### 7 Tasks with a deadline

Appoint the individuals responsible and assign concrete individual tasks with deadlines

## 6 Next steps

Look at what the meeting has not yet accomplished or what still needs to be explored in greater depth and break this down into task packages

### **5 Methodical work**

Collaborative work with a set time limit, e.g. the use of selected activities from the handbook

